



Saturday – Sunday Overnight Hosts

Resources: Two people, at least one male.

Time Commitment: 5:45 PM Saturday afternoon until 8:30 AM Sunday morning. Arrival time can vary, but we like for the overnight hosts to share the evening meal time with the neighbors.

Remember, the hosts can adjust these guidelines as necessary. All groups are different, and the important thing is for the hosts and neighbors to be safe and comfortable while operating within the necessary guidelines.

Before Neighbors Arrive, 5:45 PM - 6:00 PM

1. Arrive at the Church and get coordinated as needed with the month captain. Set aside your personal items for the night.
2. Make sure beds are out and made and that enough nametags are available in the dining area. All volunteers and all neighbors should wear nametags.
3. When the neighbors arrive, collect the van keys from the afternoon driver and hold on to them to give them to the morning van driver the next day. Collect the printed roster of neighbors from the van driver. Keep this printed roster in the RITI notebook in the kitchen.

Prior to Dinner, 6:15 PM – 6:30 PM

1. Plan to join dinner at 6:30 PM and get acquainted with the 15 neighbors.
2. Help the dinner crew gather the neighbors for dinner.
3. Before the blessing, please review these three simple rules with the entire group:

“We warmly welcome you to Myers Park Baptist Church. At this church we (1) respect ourselves, (2) respect each other and (3) respect this church as a house of worship and we ask you to do the same and enjoy yourselves and the evening.”

It is a nice gesture to ask the neighbors if any of them would like to give a blessing.

4. While neighbors are gathered at dinner, you can also briefly go over the schedule (as provided to them on yellow laminated sheets). Note: some neighbors would like to stay up past 10:00 PM. If the hosts agree to this, please emphasize they may stay up quietly either in the dining room or the TV room a little later, but the host may choose when the final lights out should be.
5. Dinner is a good time to take a head count and become familiar with the neighbors.

After Dinner, 7:00 PM – 9:30 PM

1. Announce that showers are available and help the neighbors (2 at a time) by escorting them to the Cornwell Center showers. One host should run the shuttle while the other tends to the remaining neighbors. Note: some neighbors, especially those with jobs, may ask to take a shower in the morning. This is up to the hosts. If you do agree to let someone shower in the morning, emphasize to them they will need to get up earlier. If you feel it will cause problems, do not allow it.
2. Assist the neighbors with operating TV or videos or other reasonable questions/needs. Most neighbors will start settling down in their beds after dinner. **Progressively turn off rows of lights in Rainy Day room to accommodate neighbors that are going to sleep early.**
3. Make sure the outside door into Rainy Day room is locked.

Bedtime, 9:45 PM – 10:00 PM

1. Announce "15 minutes before lights out; any showers this evening should be taken by now."
Overnight hosts put away any food from dinner that has been left out.
2. Announce "Lights out and please quiet down so others can sleep." Hosts should take turns sleeping, so someone is always available to help our neighbors. (This is up to you as the overnight host. Urban

Ministry Center does not require that someone be awake all night, but often overnight hosts feel more comfortable if they take turns sleeping).

Sunday Morning, 6:30 AM–8:30 AM

1. Start coffee and put out coffee creamer, cups, etc.
2. Neighbors should wake up and start getting ready by 7:00 AM. **Make sure door is unlocked for breakfast volunteers.** Neighbors need to strip beds, put sheets, towels, and pillowcases in laundry bags in the center of the Rainy Day Room (laundry bags are in the linen closet). Neighbors can fold the comforters and blankets, and overnight hosts can help get linens back into the linen closet. Beds should be folded and returned to the storage closet.
3. Breakfast is served around 7:15 AM – 7:30 AM. You are invited to eat breakfast with the neighbors.
4. The morning van driver leaves for the Transportation Center promptly at 8:00 AM.
5. Make sure that the beds are stripped, put in the storage closet and that the linens are placed in the center of the room, preferably in the laundry bags marked RITI (located in the linen closet).
6. Return any keys to the lockbox. Leave the lockbox open so that the morning van driver can put the van keys in the lockbox when he/she returns with the church van.
7. Report any issues to the Month Captain.

NOTE: While you can assist neighbors in cleaning up linens and beds, please make sure they help. It is vital that the room is clean as this room is used for other programs during the week.